

AL-Anon Without Borders

Workshop Series

Zoom Link [HTTPS://ZOOM.US/J/787378014](https://zoom.us/j/787378014)

Meeting Id: 787 37 8014 Password 912936



ALL TIMES ARE PACIFIC STANDARD TIME

August, September, October and November

Sun Aug 23 9 am - 12:30 pm PST 1pm PST- 4pm PST	K.B.D.M Knowledge Based Decision Making In business as well as personal in Al-Anon. Judy P from Georgetown, TX AA—"Emotional Sobriety" Mary T from Tampa, FL
Sat Sept 5 9 am - Noon PST 12:30 pm - 4pm PST	Literature the R in R.P.M (Read, Pray, Meditate) Tina H from St Louis ,Mo AA - "Emotional Sobriety" Bill H from St Louis, MO
Sat Sept 19 9 am -12:45 pm PST 1pm PST- 5 pm PST	"Grieving loss" Losing a loved one to Suicide and Grieving the loss of.....! Stephanie B from Granite shoals, TX AA—"Emotional Sobriety" Steve L Nashville, TN and June G from Oxnard, Ca
Sat Sept 26 9 am-12:30 pm PST 1 pm-3:30 Pm PST	AA—"Emotional Sobriety" Luther W from Palm Dessert, Ca "The Traditions in Relationships" - part 1 Mary Pearl T from Little Rock, AR
Sat Oct 3 9 am-12:45 pm PST 1 pm-3:30 pm PST	AA—"Emotional Sobriety" Polly P from Jacksonville, Fl "The Traditions in Relationships" - part 2 Mary Pearl T Little Rock, AR
Sat Nov 7 9 am-12:45 pm PST 1 pm - 5 pm PST	"The Traditions in Relationships" Ellen C Addison ,TX AA—"Emotional Sobriety" Debbie D Concord, CA
Sat Nov 14 9 am-1pm PST 1:15-4:15 PST	AA—"Emotional Sobriety" Paula G from Champaign, IL and Carla R from Tujunga, Ca "Resolving Conflict" Sally Ann M New Zealand

ASL/DEAF ROOM—ALL DAYS Except Sept 5

Meeting ID: 844-9057-4624 Password: Password not required

For more information email—AWBROUNDUP@gmail.com